

RULES AND IMPORTANT INFORMATION

2nd EDITION OF "LUGANO SCAL"

NOVEMBER 16, 2025

- a) Each registered participant will climb the staircase at least twice. Both ascent times will be recorded, and the combined time will determine whether the participant qualifies for the final round. The final will feature the top 10 women and the top 10 men.
- b) Only the first 100 registered participants are eligible for the race.
- c) Each participant competes at their own risk. Participants must be in excellent health and capable of running at a sustained pace on multiple steep steps (staircase) in an uphill setting.
- d) The organizer provides a medical station, staffed by Croce Verde Lugano, at its own expense but assumes no liability for accidents, health issues, theft, or loss of personal belongings.
- e) All participants must have health and accident insurance coverage.
- f) Participants must adhere to anti-doping regulations available at www.antidoping.ch.
- g) The race begins at the foot of the Scalinata degli Angioli in Lugano at 10:30 AM. Participants will start in a random order assigned via a draw (from 1 to 100).
- h) Bib numbers will be distributed on race day only, between 9:45 AM and 10:15 AM, near the Luini 6 Restaurant-Bar, adjacent to the LAC in Lugano (Piazza Bernardino Luini).
- i) Participants who do not arrive on time for their start will be disqualified and cannot compete later.
- j) The use of walking poles is not permitted.
- k) Prizes will be awarded to the top three finishers in each category (men and women).
- l) All participants must follow the marked course. Any violations may result in disqualification.
- m) Participants will receive a complimentary "Arcobaleno" ticket, allowing free use of public transport.
- n) Registration includes free parking and a post-race meal (pasta party starting at 12:00 PM at the Luini 6 Restaurant-Bar near the LAC).
- o) Participants are encouraged to use public transportation or car-sharing to reach Lugano.
- p) Bib numbers must be displayed clearly at all times.
- q) Shower facilities will not be available at the event site.
- r) The awards ceremony for the top three finishers in both categories (men and women) will take place after dinner near the Luini 6 Restaurant-Bar adjacent to the LAC.
- s) By registering, participants consent to the sharing of their personal data (name, address, date of birth, phone number, email address) with event partners for purposes such as photography and video services, unless they explicitly deny permission by contacting info@sporteventsticino.ch.
- t) Event partners may use participants' data for services, advertising, or targeted marketing campaigns, provided consent for data transfer has been obtained. Participants also consent to the

organizer using event-related images (photos and official videos) for promotional purposes, including websites, flyers, videos, photographs, and social media, without claiming any rights.

u) Registration Cancellation: Refunds are not provided for participants who cancel their registration. Participants may purchase cancellation insurance independently. Upon presentation of a valid medical certificate at least 10 working days before the event, the organizer reserves the right to consider a refund or defer registration to the following year. In case of a refund, the registration fee, minus transaction costs, will be reimbursed via the original payment method (credit card or bank transfer).

v) Organizers assume that all registered participants have read and accepted the official regulations outlined in this document.

Lugano Scal Team
www.luganoscal.ch

